

**Equality and Diversity Monitoring Form**

Inclusion Scotland is committed to ensuring everyone has an equal chance to be involved in our work. This form helps us understand who we are reaching and identify any groups that may be under-represented so that we can take action.

* You do not need to give your name.
* Your answers are confidential and only used to improve inclusion.
* Please tick all boxes that apply or use the “Other” option to write your own answer.
* You can skip any question if you prefer**.**

**Age**

What is your age bracket?

[ ]  19 or under

[ ]  20 to 29

[ ]  30 to 39

[ ]  40 to 49

[ ]  50 to 59

[ ]  60 to 69

[ ]  70+

[ ]  Prefer not to say

**Disability**

**Do you have a disability, impairment, or long-term health condition that affects your day-to-day activities?**
Please tick one:

☐ Yes

☐ No

☐ Prefer not to say

**If yes, please tell us your disability or health condition(s):**
…………………………………………………………………………………

**Ethnicity**

What is your ethnicity?

This may be different to your nationality, place of birth or citizenship.

Asian or Asian British

[ ]  Asian British

[ ]  Bangladeshi

[ ]  Chinese

[ ]  Indian

[ ]  Pakistani

[ ]  Prefer not to say

[ ]  Other Asian background, please say what……………………………

Black, African, Caribbean or Black British

[ ]  African

[ ]  Black British

[ ]  Caribbean

[ ]  Prefer not to say

[ ]  Other Black, African or Caribbean background, please say what:………….

Mixed or Multiple ethnic groups

[ ]  Asian and White

[ ]  Black African and White

[ ]  Black Caribbean and White

[ ]  Prefer not to say

[ ]  Other Mixed or Multiple ethnic group, please say what: ...........................................

White

[ ]  English

[ ]  Gypsy Irish Traveller or Showman

[ ]  Irish

[ ]  Northern Irish

[ ]  Scottish

[ ]  Welsh

[ ]  Other European

[ ]  Prefer not to say

[ ]  Other White background, please say what:…………………..

Another ethnic group

[ ]  Arab

[ ]  Prefer not to say

[ ]  Other ethnic group, please say what:………………………………

**Religion or belief**

What is your religion or belief?

[ ]  No religion or belief

[ ]  Buddhist

[ ]  Christian

[ ]  Hindu

[ ]  Jewish

[ ]  Muslim

[ ]  Sikh

[ ]  Humanist

[ ]  Agnostic

[ ]  Prefer not to say

[ ]  Other religion or belief, please say which:……………………………………

**Sex**

What is your gender?

[ ]  Female

[ ]  Male

[ ]  Prefer not to say

☐ Prefer to self-describe, please say how: …………………………

**Gender reassignment**

Is the gender you identify with the same as your sex recorded at birth?

[ ]  Yes

[ ]  No

[ ]  Prefer not to say

**Sexual orientation**

What is your sexual orientation?

[ ]  Asexual

[ ]  Bisexual

[ ]  Gay

[ ]  Heterosexual

[ ]  Lesbian

[ ]  Pansexual

[ ]  Questioning

[ ]  Prefer not to say

[ ]  Prefer to self-describe, please say how…………………………………

**Barriers to Access**

**Do you experience any barriers that make daily life difficult or prevent you from doing everything you want to do?**

Please tick all that apply:

☐ Lack of awareness or understanding of inclusive practice by others

☐ Communication is not provided in a format that I can use (e.g. no BSL, subtitles, Easy Read formats, or compatibility with speech reading software)

☐ Physical access issues in spaces and places (e.g. no level access, lifts, clear signage, or visual alarms, transport)

☐ Negative attitudes or assumptions made by others (e.g. staff or service providers)

☐ Limited personal skills or lack of accessible ways to use digital technology (e.g. difficulty completing online forms)

☐ Other please describe other barriers (e.g. systemic barriers, intersectional barriers, costs, legal)

………………………………………………………………………………..

**Caring responsibilities**

Are you a primary carer for someone who needs support due to age, disability, or health condition?
Please select one:

☐ Yes

☐ No

**Area you live**

Please select the option that best describes your area:

☐ Large Urban Area (e.g. Glasgow, Edinburgh)

☐ Other Urban Area (e.g. Perth, Inverness, Dundee)

☐ Small Town

☐ Rural Area

☐ Island Community

Thank you for completing this form. If there is anything else you think we should be monitoring for equality and diversity please feel free to suggest this below: